**Direct Access Law of the State of New Jersey**

To ensure that you are aware of the Direct Access Law of the State of New Jersey for Physical Therapy, we have prepared this information sheet. Please review the information carefully, and ask questions about any information you do not understand.

You are able to be evaluated by a licensed Physical Therapist in the State of New Jersey without a prescription.

In the event that your evaluation and intervention results are outside the scope of physical therapy services, or in the event that you do not demonstrate reasonable progress within 30 days from the start of treatment, you will be referred to the appropriate licensed healthcare practitioner(s).

Your physical therapist will inform your primary care physician regarding your individual plan of care within 30 days of evaluation.

If I have no primary care physician indicated, we recommended that you consult a primary care physician of your choice.

If your insurance requires a prescription, you will have to present a prescription that was written within the past 30 days.

If you require additional time beyond 30 days after your initial treatment date, you will need to obtain a prescription from your physician.

Optimal Form & Function, LLC agrees to treat and bill your insurance without a referral; however, services without a referral might not be covered by the patient’s health plan or insurer.

Signature of Patient or Legal Guardian:

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